Verizon sign on

Both of these are icons on my desktop

After boot up I go to the first one

https://mail.verizon.com/webmail/driver?nimlet=showmessages&view=emails#mail_Emails_INBOX

then I go to this one

http://forums.verizon.com/t5/FiOS-Internet/bd-p/FiOS_Internet

from here I can go to any other Forum

Using Chrome and Windows 7 Professional

Has been working for me for a long time